

**NEED HELP?
WE'RE HERE FOR YOU!**

To find out what services you could be eligible for or to ask any questions, contact MATURA. Contact information is provided on the inside of this brochure.



The Community Action Promise



Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.

Iowa has 16 Community Action Agencies (CAAs) to ensure all 99 counties are covered. Use the web address below to find your local CAA here in Iowa:

<https://iowacomunityaction.org/find-an-agency/>

WANT TO VOLUNTEER?

If you are interested in any volunteer opportunities we may have, give the Head Start Central office or your local Outreach Center a call.



DONATIONS TO OUR FOOD & HYGIENE PANTRIES OR TO OUR THRIFT STORES ARE GREAT WAYS TO HELP SUPPORT YOUR LOCAL COMMUNITY!

MATURA website QR:



**HELPING PEOPLE.
CHANGING LIVES.**

Serving Madison, Adair, Taylor, Union, Ringgold, Adams Counties



60 Years of Strengthening Families & Communities



MATURA

HELPING PEOPLE. CHANGING LIVES.



A single father came in needing help with his utility bill. While talking to staff, he learned he could also apply for WIC to help with formula costs for his baby.



A family visited their local MATURA outreach center for food and kids' clothing. They also received information about the Head Start program.

PROGRAMS & SERVICES

FAMILY & CHILD SERVICES



Head Start & Early Head Start
(ages 0-5)

WIC (nutrition, breastfeeding
support)

Child Health & 1st Five (early
intervention)

I-Smile (children's dental care)

BASIC NEEDS ASSISTANCE



Food Pantry

Crisis/Utility Assistance

LIHEAP (heating assistance)

Weatherization

WIC/CAH



• WIC & Breastfeeding Support

- * Nutrition education, health screenings, & food support for pregnant & postpartum women, breastfeeding moms, & kids 0-5
- * Breastfeeding support before and after delivery through peer counselors

• Child & Adolescent Health (1st Five, I-Smile, Hawki)

- * Early intervention, dental access, & low cost health coverage for children

Contact WIC/CAH Office 215 N Elm St, Creston, for more information or to apply.
641-202-7114



HEAD START & EARLY HEAD START

- **Head Start & Early Head Start:**
 - * Comprehensive early childhood education for ages 0-5
 - * Classrooms in Bedford, Corning, Creston, Winterset

Contact Head Start Central Office, 209 N. Elm St, Creston for more information or to apply.
641-782-6201

OUTREACH CENTER SERVICES

- **Crisis/Utility Assistance**
 - * Help with rent, utilities, & essential needs for low-income households in all 6 counties.
- **Food Pantry**
 - * Monthly 2-3 day food packages in all 6 counties, based on household size in county of residence.
- **Low-Income Home Energy Assistance (LIHEAP)** in all 6 counties.
 - * Elderly & Disabled: Oct 1-Apr 30
 - * All others: Nov 1-Apr 30
- **County General Assistance**
 - * Administered for Adair, Adams, Madison, Taylor & Union counties.
- **Thrift Stores**
 - * Adair, Adams, Madison, Ringgold, & Taylor County

OUTREACH LOCATIONS

Adair Co.	354 Public Square Greenfield, IA 641-743-2424
Adams Co.	1402 N. Hull S. Corning, IA 641-322-4096
Madison Co.	1724 N John Wayne Dr, Winterset, IA 515-462-4704
Ringgold Co.	306 S. Garfield St Mount Ayr, IA 641-464-2401
Taylor Co.	607 Madison St Bedford, IA 712-523-3144
Union Co.	207B N Elm St Creston, IA 641-782-8431



Agency website:

www.maturacommunityaction.com

Follow us on Facebook:

- MATURA Action Corporation
- MATURA WIC-ISmile-1st Five
- MATURA Adair Co. Outreach Center
- MATURA Madison Co. Outreach Center